

## Sh'ma Group Self Evaluation

A Sh'ma Group mirrors the core values of Temple Emanu-El:

**Torah: Learning**

**T'fillah: Prayer**

**Kehilah: Community**

**Tikkun Olam: World Repair**

**Am Yisrael: Peoplehood**

A well-rounded group will achieve balance, over time, in these areas. Sh'ma groups are about personal and communal transformation. In order to achieve that transformation a periodic self assessment of the group is helpful to assure that the group and individual goals remain a focus of the group.

**Assessment:** Please provide as much explanation as possible for your answers to these questions along with any suggestions for areas to change or tweak. All suggestions or changes to the group will be discussed with the entire group and will hopefully result in a healthier group and a better group experience for all of group members.

1. How is our group doing in the core value areas listed above? Which areas are we out of balance in with too much emphasis? Which areas are we under balanced with too little emphasis?
2. Has the *Brit* been observed with each other? If not, what suggestions do you have to make it more meaningful for our group members?
3. Do you feel that our group is a safe place to share?
4. Are the discussion materials creating a meaningful conversation?
5. Have you begun to develop any meaningful relationships in our group?
6. To make the experience better, is there anything you'd like our facilitator to do more of? Less of?
7. Are most members of the group sharing in a meaningful way?
8. Do you have fun with our group?
9. Do you feel that there is shared ownership in running the group? If not, what changes would you suggest?
10. Have the meetings been regular enough?
11. Is the meeting time and day conducive to your schedule?